



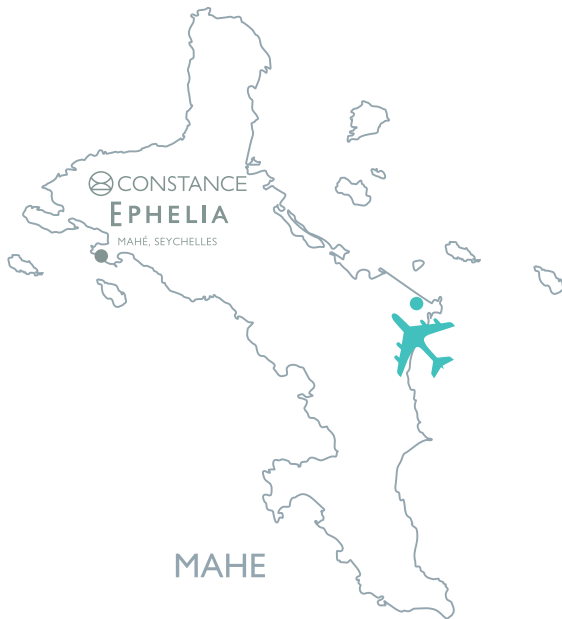
 CONSTANCE
EPHELIA
MAHÉ, SEYCHELLES

UNWIND IN A
NATURAL HAVEN
OF BLISS

FACTSHEET

CONSTANCE EPHELIA

Revive mind, body and soul in a 5* natural 296-acre park offering that rarest, most precious commodity: space. Dazzling, vibrant beauty. Unspoiled beaches. Tropically verdant and peaceful. Endless options for sports and activities will please those who enjoy a more dynamic break. Our wellness spa, the largest in the Indian Ocean, will pamper and indulge you. Family-friendly, casual luxury to share.



LOCATION

Situated on two of the most beautiful beaches on the island of Mahé, overlooking the marine national park of Port Launay, Constance Ephélia Seychelles enjoys a unique location set within 120 hectares of land with luxuriant and rare vegetation.

FACILITIES



RESTAURANTS & BARS



SPA



HONEYMOON & WEDDING



TENNIS



GROUPS & INCENTIVE



DIVING



KIDS CLUBS

CONTACT

Constance Ephélia Seychelles

Port Launay, Mahé – Seychelles
Telephone number: (248) 439 5000
Administration Fax: (248) 439 5001
info@epheliaresort.com

Constance Hotels, Resorts & Golf

Belle Mare, Poste de Flacq, Mauritius – Indian Ocean
www.constancehotels.com

Central Reservation Office

Telephone number: (230) 402 27 77 / 402 27 72
Fax: (230) 402 26 16
resa@constancehotels.com

Head Office

Telephone number: (230) 402 29 99
Fax: (230) 415 10 82
mkt@constancehotels.com

HIGHLIGHT OF YOUR STAY

Have a traditional massage in the largest spa of the Indian Ocean.

Enjoy a rush of adrenaline with a tyrolienne, canoeing or climbing excursion.

Live between a green and a marine national park.



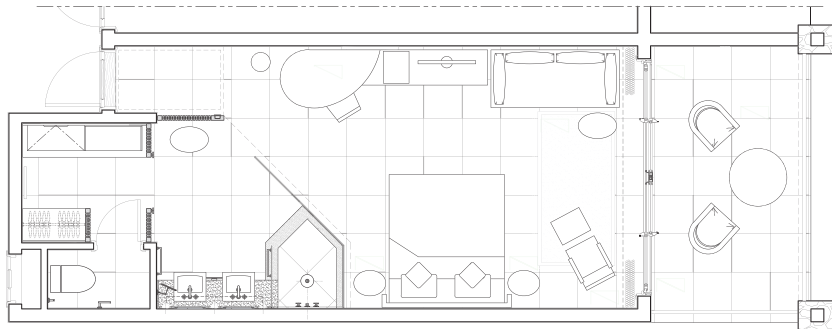
— > ACCOMMODATION < —



— > 42 TROPICAL GARDEN VIEW ROOMS < —

(48 m²) for a maximum of 2 adults

Combining space, style and functionality, the rooms with its contemporary decoration offers the feeling of space. The spacious bathroom with its smart glass (possibility to either keep it transparent or opaque for privacy) and its walk-in shower offers an extra dash of luxury. Each room also feature air-conditioning, ceiling fan, WC, hairdryer, ironing board, private balcony with access to the garden, LCD TV, telephone, mini-bar, tea and coffee facilities, safe and complimentary WI-FI.

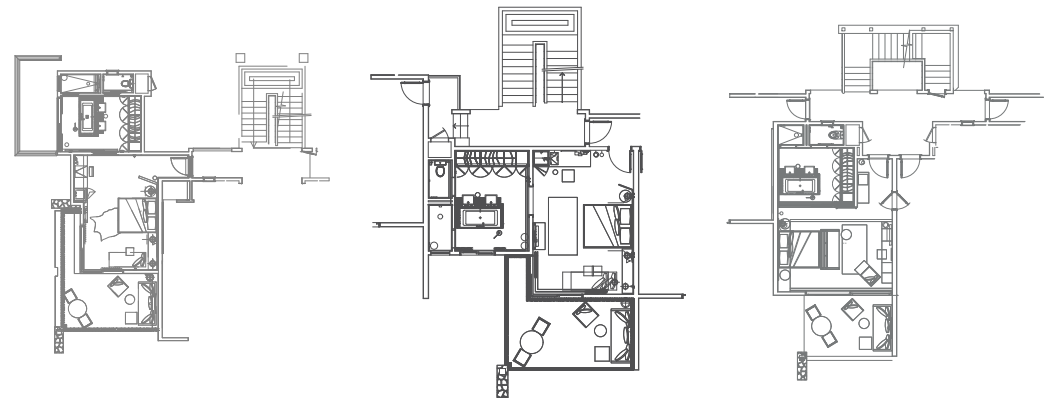


— > 184 JUNIOR SUITES < —

(62 m²) 28 of them are interconnecting

For a maximum of 2 adults + 1 sofa bed (1 child under 12 yrs)

All suites feature air-conditioning, ceiling fan, bathroom with bath tub, double vanities, separate shower, WC, hairdryer, sitting area, LCD TV, mac mini (iPod connection), CD & DVD on demand, telephone, mini-bar, tea and coffee facilities, safe and complimentary WI-FI.



Type A

Type B

Type C

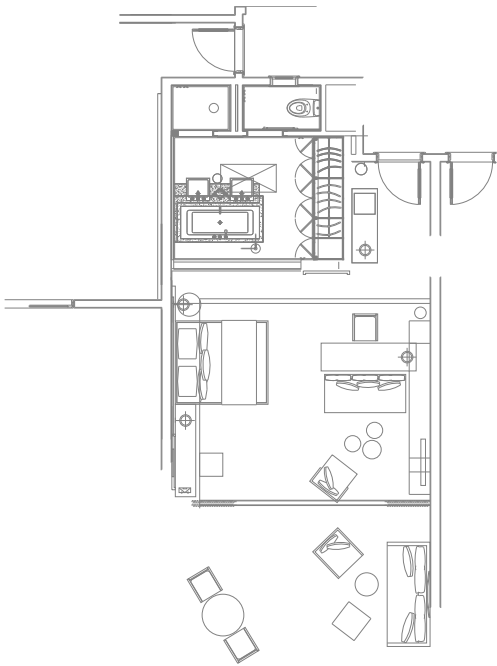


40 SENIOR SUITES

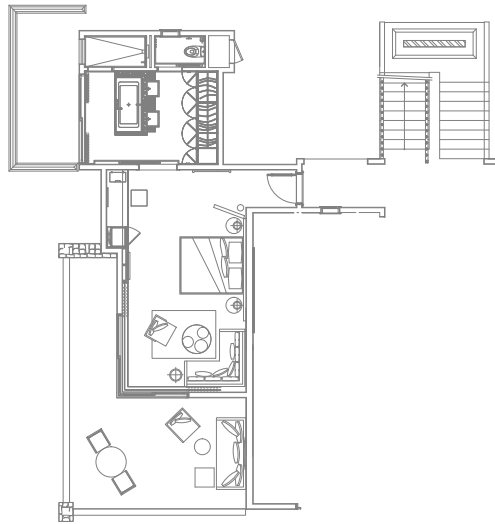
(72 m²) 4 of them are interconnecting

For a maximum of 3 adults or 2 adults + 1 child and 1 infant (below 12yrs)

All suites feature air-conditioning, ceiling fan, bathroom with bath tub, double vanities, separate shower, WC, hairdryer, sitting area, LCD TV, mac mini (iPod connection), CD & DVD on demand, telephone, complimentary Nespresso machine with capsules, mini-bar, tea and coffee facilities, safe and complimentary WI-Fi.



Type A



Type B

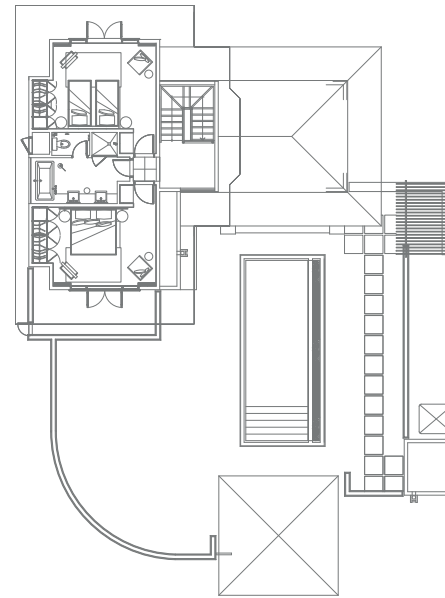


22 FAMILY VILLAS WITH PRIVATE POOL

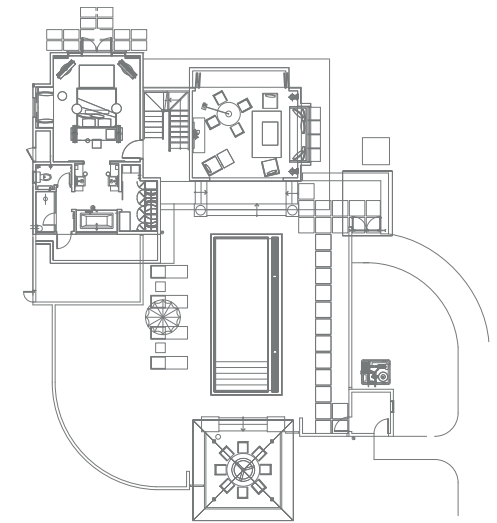
10 Family Villas (330 m²) – 2 bedrooms, for a maximum of 4 adults

12 Family Villas (350 m²) – 3 Bedrooms, for a maximum of 6 adults + 1 extra bed child in master bedroom

The villas spaciouly designed and stylishly decorated consist of three bedrooms (one master bedroom with an en suite bathroom and two other bedrooms sharing one bathroom). In the courtyard a private swimming pool as well as an outside dining kiosk. Other facilities are: LCD TV, mac mini (iPod connection) CD & DVD player on demand, mini-bar, mini wine cooler with a selection of wine, tea and coffee facilities, complimentary bicycles, Nespresso machine with capsules and complimentary WI-Fi.



First Floor



Ground Floor



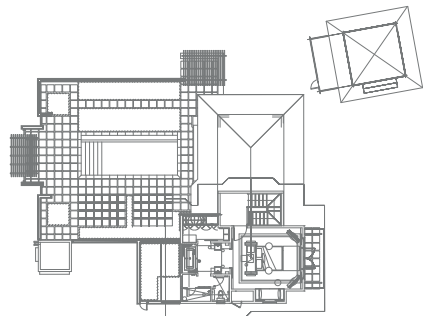
16 BEACH VILLAS
WITH PRIVATE POOL

(8 villas of two bedrooms + 8 villas of one bedroom)

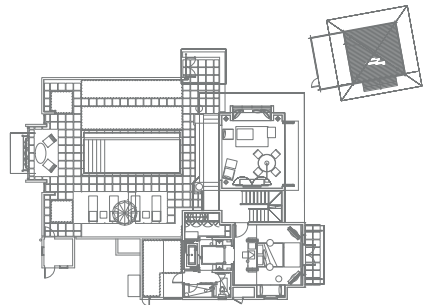
Villa of 2 bedrooms (370 m²), for a maximum of 4 adults + 2 sofa beds (children under 12 years)

Villa of 1 bedroom around 240 m², for a maximum of 2 adults

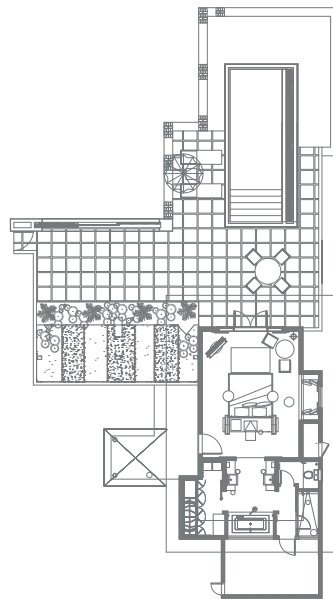
Situated on the North beach of Port Launay these one or two bedroom villas offer the ultimate beachside accommodation. Each is spaciouly designed and stylishly decorated with large en-suite bathrooms, private swimming pool, pergola for relaxation and aperitifs, LCD TV, mac mini (iPod connection), CD & DVD on demand, mini-bar, mini wine cooler with a selection of wine, tea and coffee facilities, Nespresso machine with capsules, complimentary bicycles and complimentary WI-FI.



Type A – First Floor



Type A – Ground Floor



Type B

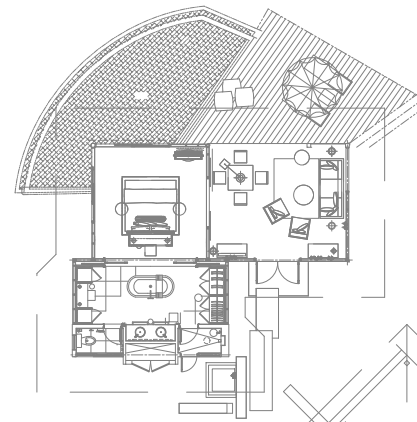


8 HILLSIDE VILLAS
WITH PRIVATE POOL

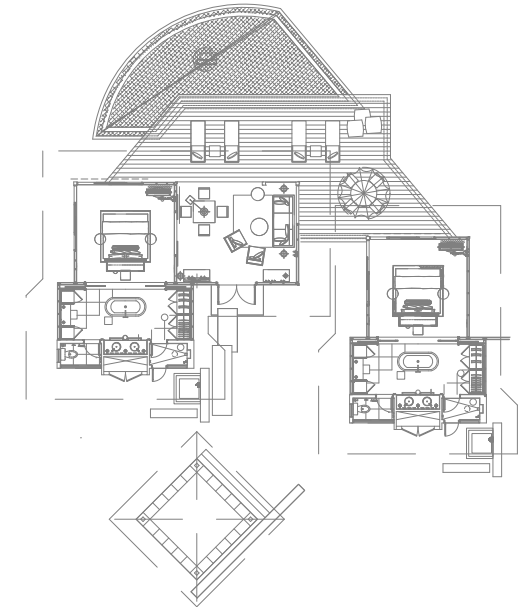
5 villas (120 m²) of 1 bedroom, for a maximum of 2 adults

3 villas (220 m²) of 2 bedrooms, for a maximum of 4 adults

Overlooking the Port Launay Marine Park, the hillside villas (either one or two bedrooms) feature their own private pool and have been constructed and adapted to the granitic rocks on the site creating a unique accommodation concept. LCD TV, mac mini (iPod connection), CD & DVD on demand, mini-bar, mini wine cooler with a selection of wine, tea and coffee facilities, Nespresso machine with capsules, complimentary electric buggy and complimentary WI-FI.



Type A

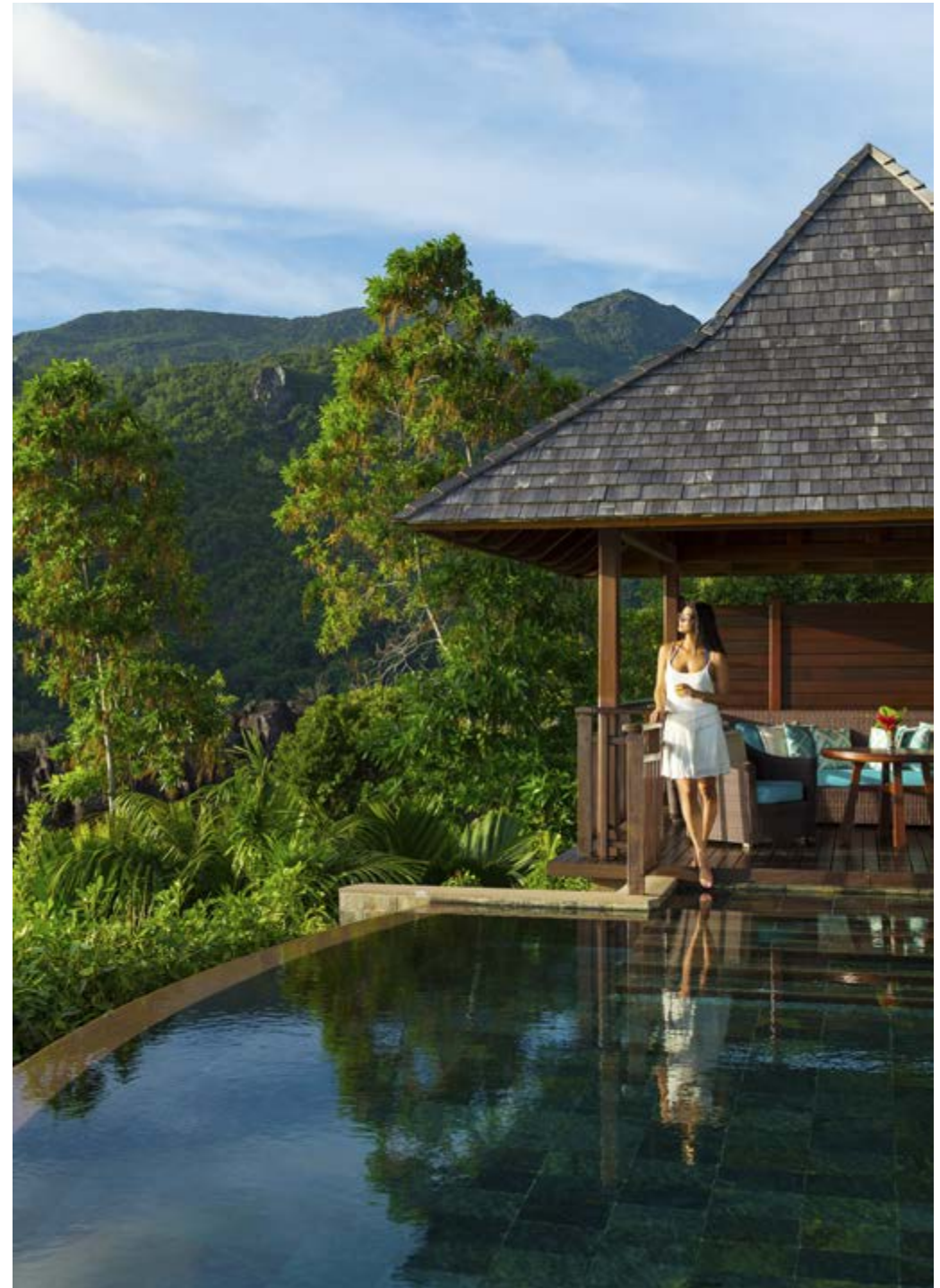
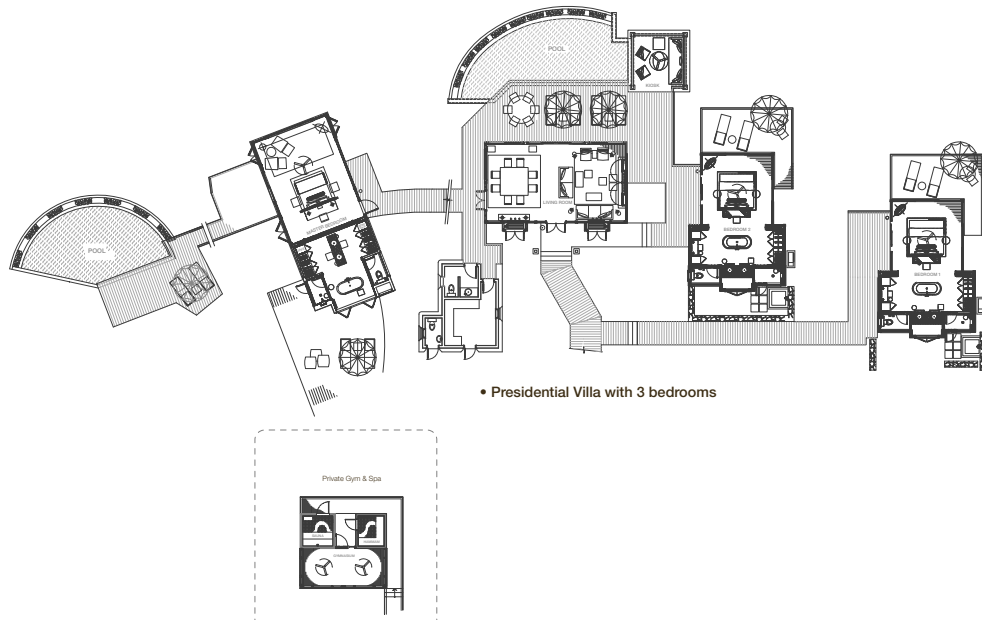


Type B

1 PRESIDENTIAL VILLA WITH 2 PRIVATE POOLS

(980 m²) 3 bedroom for a maximum of 6 adults

With a breathtaking view of the ocean, the three bedroom Presidential Villa of 980 m² has been designed to offer a unique experience to the guests. Equipped with LCD TV, mac mini (iPod connection), CD & DVD on demand, mini wine cooler with a selection of wine, mini-bar, tea and coffee facilities, Nespresso machine with capsules, complimentary buggy, villa host, and complimentary WI-FI. The Presidential villa has its own gym, a private spa, private pool and deck and outdoor dining kiosk.



RESTAURANTS

Constance Ephelia Seychelles has five restaurants and bars. Each outlet has its own individual concept, design and décor, thereby optimising the possibilities in terms of culinary and bar experiences. The designs reflect elegance and functionality along with a subtle touch of African influence. Each restaurant name has a subtitle, reinforcing the concept in just a few words. The resort is very much “child friendly”, and offers different menus to appeal to different ages – including gourmet baby food – are proposed throughout the resort.

Corossol

350 seats / opening hours: Continental breakfast: 04h30 – 07h00, Breakfast buffet: 07h00 – 10h30 and Dinner: 18h30 – 22h30
“Live” Main buffet restaurant (South Beach)

Main halfboard restaurant serving international food in a buffet style. The main focus is the live cuisine creating interaction between the chefs and the guests. The buffet which is fully air-conditioned offers different sections – an Asian station with wok and tandoori action, as well as Asian noodles, central station featuring a beautiful pizza oven, pasta station, grill and plancha, to name just a few. Desserts in “Corossol” are not to be missed... The dining room is spread around in different modules, and features various types of seating, offering a large variety of ambiances, including “al fresco” setting. At breakfast, enjoy a wide selection of freshly baked homemade breads and pastries. Open for breakfast and dinner.

Helios

80 seats / opening hours: Beach menu: 12h00 – 17h00, Lunch buffet: 12h00 – 15h00 and Dinner: 19h00 – 22h00
“Mediterranean” restaurant (South Beach)

A casual chic restaurant on the South beach. Open for lunch and based on a buffet service with influences from the South of France, Italy, Spain, Morocco, Lebanon, etc... whole fishes and dishes baked in the oven in cast iron dishes. A wide range of creative pasta is also on offer. Snacks and “lunch time favourites” are also available. Tea/pancake and ice-cream service from 15h00 to 17h00. Open for dinner for special evenings only.

Adam & Eve

70 seats / opening hours: 12h00 – 17h00 and 19h00 – 22h00
“Asian Cuisine”

Nested in the natural luxuriant surrounding, Adam & Eve Restaurant embraces the four elements water, air, earth and fire. The bountiful environment gives a unique sense to the tranquil pool and water elements. One of the distinctive features of this restaurant is the open kitchen that engages diners in the preparation of the food. The restaurant and bar is open for lunches and dinners, the spacious seating is in an open-air style with white sand floor and walls made of local granite rocks.

At Adam & Eve you will experience all the pungent and fragrant tastes of South East Asia. The food concept focuses mainly on the different flavours with an emphasis on Malaysian, Singaporean and Indonesian dishes. An interactive and fun cuisine focusing on these regions and their famous street foods. This restaurant is all about sharing, bringing guests together at the table. A one off dining experience not replicated elsewhere in the resort.

Cyann

50 seats / opening hours: A la carte: 12h00 – 15h00, Sushi: 12h00 – 16h00 and Dinner: 19h00 – 22h00

“Signature cuisine” Speciality à la carte restaurant (North Beach)
Cyann is the “haute cuisine” restaurant of the resort, unique in its concept and design. Located at the bottom of the Hillside villas, this restaurant offers a beautiful view over Port Launay marine park. Casual chic for lunch, the restaurant turns into an elegant and refined venue in the evening, and proposes a selection of signature dishes, that combine the precision of French culinary techniques with the lightness and flavours of local and Asian influences. Low calorie dishes are also available. A sushi bar, situated near the pool, offers the best quality fish for lunch and dinner. Do not miss the wine cellar that boasts a selection of the best vintages from the Old and New worlds. The Chef’s table experience, allows guests to enjoy the action of the kitchen, as well as a specially created menu.

Seselwa

120 seats / opening hours: 07h00 – 10h30, 12h00 – 15h00 and 19h00 – 22h00

“Cuisine des Iles” Casual all day à la carte restaurant (North Beach)
Seselwa is a casual and popular outlet, with a lively ambiance and facing the gorgeous North Beach. Designed with white furniture and brightly coloured cushions, it evokes freshness and the festive spirit of Seychelles. Breakfast is served buffet style. At lunch and dinner, Creole specialities are proposed as well as grilled freshest seafood. Flavours of the Islands and the very best ingredients are the words that best describe the Seselwa culinary style. A selection of snacks and “lunch time favourites” are also available.



BARS

Zee bar – Open from 09h00 until late evening..

The main bar features three distinctive ambiances, and offers an extensive selection of drinks as well as a very creative range of cocktails, specially designed by our mixologist. In the evening, enjoy live music and dancing in the casual area next to the bar or relax in the quieter and more elegant bar lounge or enjoy star gazing, comfortably laid on the bar beds elegantly aligned on the external wooden deck.

Helios bar – Open from 10h00 to 22h00

Helios bar is located next to pool 1, facing the beach and adjacent to Helios restaurant. As well as a classic selection of drinks and cocktails, our bartender specializes in freshly brewed ice teas, and a wide range of coffee drinks, both hot or cold.

Adam & Eve bar – Open from 10h00 to 22h00

This bar is situated next to pool 3, facing the beach and adjacent to the Adam & Eve Ethnic grill. It specializes in fresh fruit and vegetable juices, smoothies, natural and healthy drinks, as well as “local” drinks served in green coconuts.

Cyann bar (20 seats) – Open from 10h00 to 22h00

The most elegant in the resort, it features a unique selection of aged rums from around the world and single malt whiskies, as well as rare spirits, saké and a sophisticated range of cocktails. Guests can also enjoy a glass of wine, especially selected by our sommelier and served from the glass cellar. The deck of Cyann bar is the perfect place to enjoy a Cuban cigar while enjoying the evening breeze...

Seselwa bar (40 seats) – Open from 10h00 to 22h00

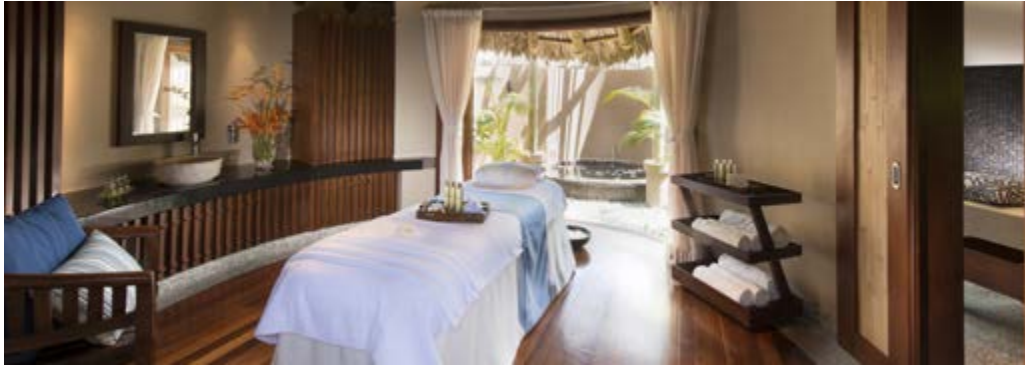
Located right on beautiful North Beach, and casually surrounded by relaxed seating, Seselwa bar is the place to enjoy a chilled beer or a tropical cocktail while listening to Creole tunes and socializing with other guests. Seselwa bar is lively and busy. “No shoes” dress code applies!

Kabana – Open from 10h00 to 18h00, Food menu: 12h00 to 17h00

Takeaway snack and beverage outlet, set up right on the beautiful Port Launay Beach with tables surrounded by chess game, bocci ball, beach volley or kids play ground. This lively place offers a large choice of classic cocktails and amazing daily tropical slushes to combine with a selection of “On the Go” sandwiches served in biodegradable containers.



U SPA BY CONSTANCE



The beautiful spa village at Constance Ephelia is set in the tranquil heart of the resort's stunning tropical gardens. Relax, rejuvenate, detox, re-hydrate or simply enjoy – the choice is yours. Our highly skilled team is at your disposal to help you decide which treatments are best suited to your needs. Each guest receives a Spa Experience Card, so we can keep a note of your wellness goals and preferences, and customise your treatments accordingly.

TREATMENTS

Choose from a wonderful range of U Spa Classic massages, facials and body treatments using our aromatic natural products inspired by plants from the Indian Ocean, or pick from the Ymalia collection, which offers spa care treatments that bring your mind and body to a state of perfect relaxation and complete equilibrium.

SPA FACILITIES

- 14 single treatment rooms
- 4 double treatment rooms
- Sauna
- Steam room
- Thermal pool
- Jacuzzi
- Cold plunge pool
- Kneipp foot path
- Reflective pool

FITNESS FACILITIES

Spa Yoga pavilion

OPENING HOURS

For treatments: Daily 10h00 to 21h00

For wet and wellbeing area: Daily 10h00 to 14h00. As from 14h00 onwards exclusively for guest with booking

For fitness: Daily 07h00 to 20h00

SPORT & LEISURES



Free

Fully equipped gymnasium, 4 tennis courts, squash court, non-motorised watersports such as pedal boats, catamaran, windsurfing and kayak.

Payable

Fishing, diving(PADI) with supplement, rent of tennis equipment as well as lessons, yoga lessons on request, bicycles on rent, climbing wall/Zip line – for guests of all abilities from 3 years to 70+ and instructors available.

Bicycles' conditions:

- Bicycles are provided free of charge for villa guests only
- All Junior suites and Senior suites guests may rent bicycles from our Fitness center for use within the hotel premises only

CONSTANCE KIDS CLUB



Young guests ages 4-11 are invited to unleash their spirit and adventure at Constance Kids Club. Fully trained and enthusiastic Coordinators will lead trips of island exploration, local crafts, culinary activities and scavenger hunts to name a few that will engage with their exciting, exotic holiday location. Discovery will be a key part of each daily theme.

Amenities & Services of Constance Kids Club include:

- Registration at any time during your stay to ensure that kids are ready to participate and play
- Safety and security is our number one priority.
- Swimming pool for free play, relays, tag games and more.
- Open play areas to show off talents, play interactive games, show movies and create a kid's circus!
- Computer stations for gaming, internet access and other activities.
- Arts & Crafts with local and traditional crafts.
- Day and evening themed programs.
- A theme day to create pizzas, make ice cream and enjoy some smoothie sweets and treats
- An imagination space for the younger 4-6 year old guests, which may include playhouses, kitchenettes, tool workshops and even some 4-wheel transportation rides
- Age appropriate washrooms for just their size.
- Outdoor space for running relays, games and playground for parental supervision play

FACILITIES



- 5 boutiques including 'Kankan'* and 'Jouel**', 2 in the North area close to the Concierge and 3 in the South within the main building. Offering a range of Constance Hotels and Resorts branded garments as well as other branded items.
- 5 pools
- Courtesy lounge
- Internet Access
- Infirmary
- Conference facilities
- Laundry and pressing
- Helipad
- ATM
- Car rental facilities

*<http://www.kankan.sc/>

**<http://www.islandjouel.com/>

USEFUL INFORMATION



Voltage on the island: 220 volts
Local currency: Seychelles Rupee
Time difference: + 2 hours in summer and 3 hours in winter (Europe)
Reconfirmation of guests' flight departure tickets is imperative
A valid international license is required to rent cars
Temperature: between 24°C and 30°C year round
40 minutes drive from Mahé airport

Payment at the Hotel

Accepted currencies: Euro, US Dollar, Seychelles Ruppees & UK Pounds

Accepted traveller checks: Yes

Credit Card: American Express, MasterCard, Visa, Maestro, Union Pay

All prices are communicated in Seychelles Rupees and inclusive of 15% (GST) Seychelles Government Tax and 10% service charge

NATIONALITIES AT RESORT

Languages spoken: English, French, Italian, Russian, Arabic, Chinese, German speaking

CONSTANCE EPHELIA

MAHÉ, SEYCHELLES



- | | | |
|--|-----------------------|------------------------------|
| Uspa / SPA VILLAGE | ATM | BUS STOP |
| FITNESS CENTRE / GYM / LAP POOL / SQUASH | CONFERENCE CENTRE | DANGER |
| SCENIC VIEW | RESTAURANT & BARS | NO ENTRY |
| KIDS JUNGLE GYM | BOUTIQUES | SHUTTLE ROUTE |
| SECURITY POST | RECEPTION | TRAIL |
| ROCK CLIMBING | BOATHOUSE | ROS LEPA TRAIL |
| ZIP LINE | GUEST ASSEMBLY POINTS | KAYAK ROUTE (High Tide Only) |

Driving in Seychelles is on the LEFT SIDE of the road.

DROWNING RISKS
 BE AWARE OF TIDE MOVEMENTS
 AVOID GOING INTO THE SEA AT HIGH TIDE
 NO SWIMMING & SNORKELLING WITHIN 100 METRES OF THE REEF